

KITCHEN DETAILS
SENIOR CITIZEN'S HOME
MAHARSHI DAYANANDA SERVICE MISSION
JORANDA, DHENKANAL.

FOOD MENU

DAYS	TEA TIME	BREAKFAST	LUNCH	TEA TIME	DINNER
SUNDAY	Tea, Biscuit	Fry Chuda/ Watered Rice with Veg. Curry	Rice, Chicken/Panner Curry	Tea, Biscuit/Fruits	Rooti/ Rice, Dalma
MONDAY	Tea, Biscuit	Fry Chuda/ Watered Rice with Veg. Curry	Rice, Dalma, Khatta	Tea, Biscuit	Rooti/ Rice, Dalma /Vaji
TUESDAY	Tea, Mudhi	Fry Chuda/ Upama	Rice, Dal, Vaji, Salad	Tea, Biscuit/ Fruits	Rooti/ Rice, Mix veg
WEDNESDAY	Tea, Mudhi	Upama / Watered Rice with Veg. Curry	Rice, Fish/Egg Curry	Tea, Biscuit	Rooti/ Rice, Dal fry/ Soya Curry
THURSDAY	Tea, Biscuit/Mudhi	Watered Rice with Vaji	Rice, Dal, Veg. Curry, Salad	Tea, Biscuit	Rooti/ Rice, Dalma
FRIDAY	Tea, Mudhi	Iddli/Bada with Sambar, Sweet	Rice, Dal, Vaji/Panner Curry	Tea, Biscuit/ Fruits	Rooti/ Rice, Mix Veg/Egg
SATURDAY	Tea, Biscuit/Chuda	Watered Rice with Vaji	Rice, Dal, Veg. Curry, Salad	Tea, Biscuit	Rooti/ Rice, Dal fry/ Soya Curry